

CREATIVITY

METRIC

YOUR PERSONAL METRIC TO ASSESS YOUR CREATIVE METHODS: PAST, PRESENT, NEXT

Date:

What are some milestones to celebrate?

This can be something you're proud of—internal or external—a project completed, a brave step, a commitment kept.

What's working?

This can be a practice in your process, a collaboration, part of your routine, boundary, venture.

What will you take out, add, or change?

This can be a responsibility, habit, activity, scheduling element, goal, focus, relationship with yourself, an entity, or someone else.

What's next?

This can be a project, an undertaking, an endeavor you're excited about (a place where you feel the heat, that yes!) and want to put energy and resources toward. How will you do it? What excites you? What's the first step?

From [PSA from Danielle Davis on Substack / www.danielledavisreadsandwrites.com](https://www.danielledavisreadsandwrites.com)